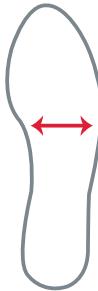




## Find Your Size

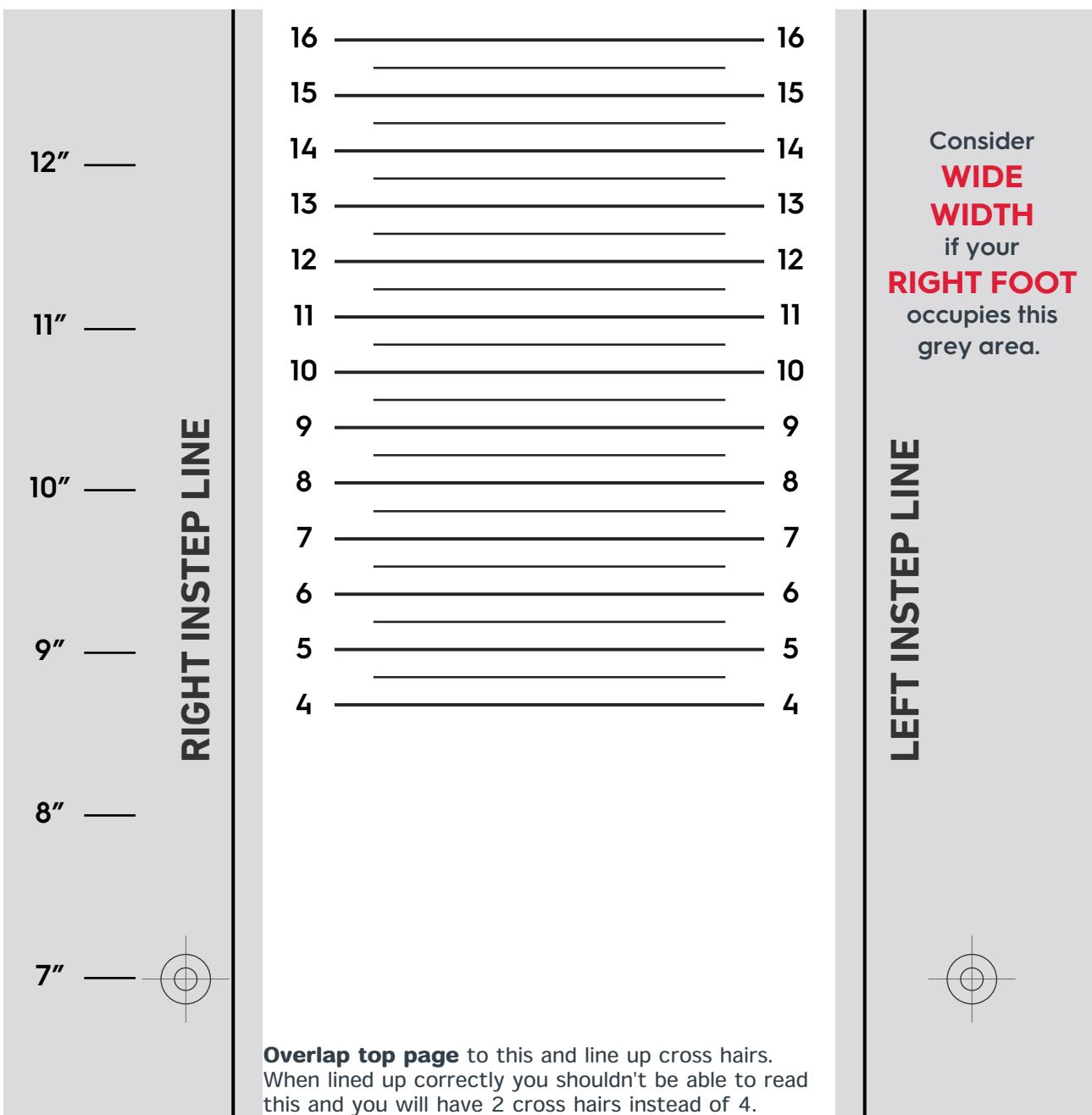
Align your heel with the solid line at the base of the chart. Keeping your weight on your foot, relax your toes. The line that touches your longest toe indicates your size. The shorter lines in between the numbered lines indicate half sizes. Since many people have feet of different sizes, it's important to measure both feet. You should purchase shoes in the larger of your two sizes.

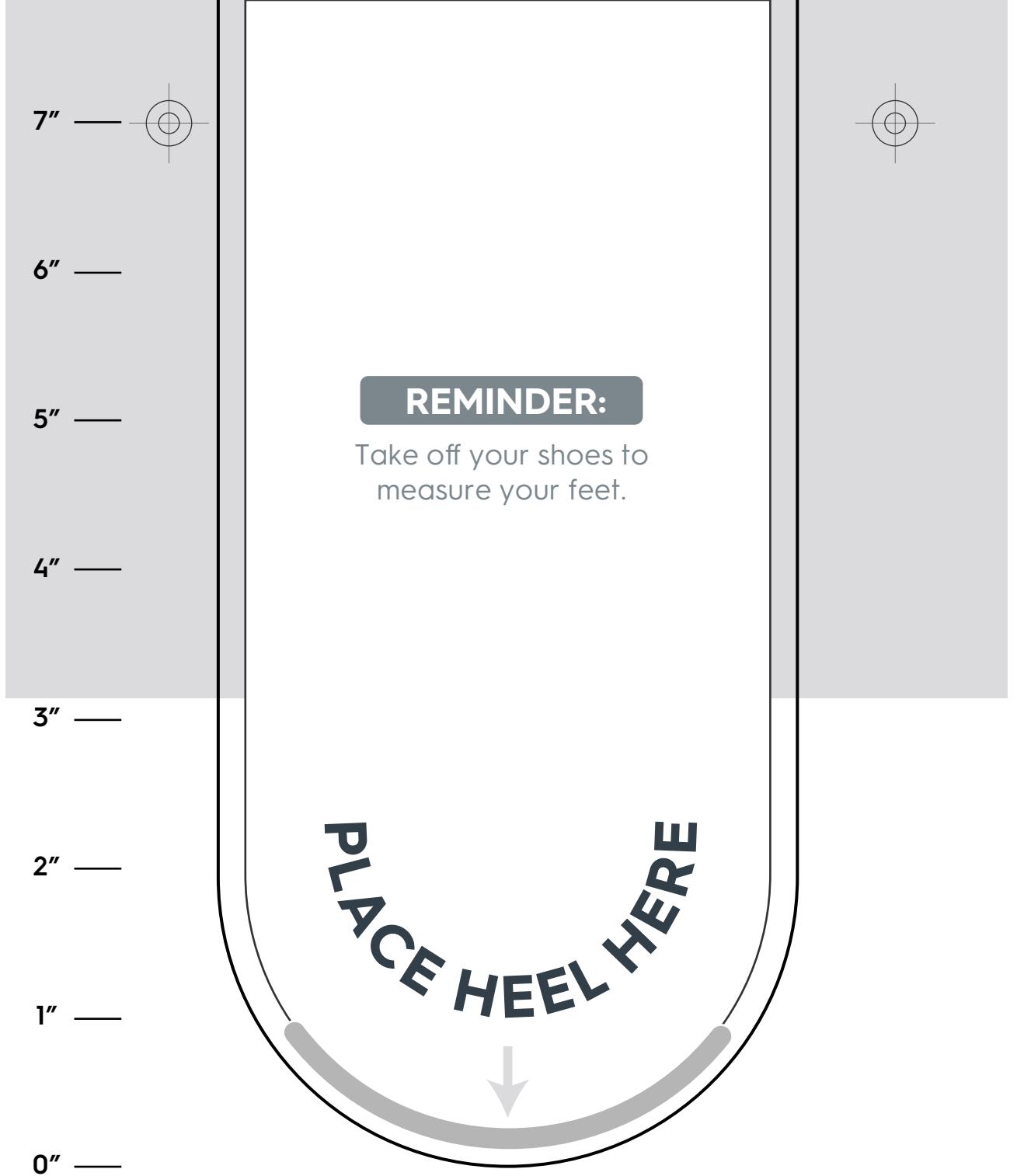


## Find Your Width

When measuring your right foot, align your instep with the solid line on the left side of the chart. If the outside of your right foot reaches the grey area on the right, consider a wide width. Repeat with your left foot: align your instep with the solid line on the right side of the chart. If the outside of your left foot reaches the grey area on the left, consider a wide width.

For shoe sizing accuracy, we recommend printing this document on 8.5" x 11" paper at 100% (full size).





**ACCURACY CHECK:**

To ensure correct printing size,  
place a credit card here. If it fits,  
the chart was printed correctly.



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